



BOOST SUMMER DANCE INTENSIVE

July 7th - 11th
2025

Welcome Package



Who are we?

We are a leading dance academy, training hardworking dancers in Chihuahua, Mexico since 1996 and in El Paso, Texas since 2012.

We offer wide array of dance disciplines such as Jazz, Ballet, Hip-hop, Tap, Aerial, Tumbling, Ballroom, Jazz Funk and more.

D'ansa Academy has as its first priority to encourage through dance, values that fulfill the education of their students to make them grow not only as dancers but also as human beings.

What is Summer Blast?

Take your training to the next level with our week-long, technique-focused dance intensive—crafted especially for passionate young dancers ready to push their limits.

Through a full schedule of high-energy classes, personalized instruction, and focused skill-building sessions, dancers will strengthen their foundation, refine their technique, and grow in confidence.

BOOST SUMMER DANCE INTENSIVE

STUDENT GUIDELINES:

Welcome to the Boost Summer Dance Intensive!

We are excited to have you join us for this training experience during the summer!

To ensure a smooth and enjoyable time for everyone, please read the following guidelines.

1. Dress Code Specifications

Dress appropriately for every class: Make sure to wear dance attire applicable for the classes you are taking. For example, if your schedule calls for Ballet, then Acro, then Contemporary: you could wear a leotard with skirt or shorts for both ballet and acro then either add garments or change for the contemporary class. We want to make sure you feel motivated to dance on the clothes you are wearing.

IMPORTANT: Dancers **MUST WEAR** an appropriate dress code for classes. Because dancers have multiple classes, we don't necessarily enforce leotard and tights but make sure it doesn't deviate much from fitted clothes like leotards, tops, shorts, leggings, or other dance attire.

2. Footwear

If possible, pack the appropriate footwear for all different classes. If the student doesn't own any dance footwear, please make sure to wear black cotton socks and sneakers.

3. Overall class etiquette:

- Hair away from the face in a slicked ponytail or bun - no excuses
- No jewelry or extra bracelets
- No graphic t-shirts

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4. Swimwear

On Friday July 11th, students must bring swimwear as a separate change. Please pack a towel, sandals or water shoes, a cap or hat , and sunscreen.

5. Labeling Belongings

- Name Tags: Write down the student's name on all personal belongings including clothing, swimwear, shoes, dance gear, water bottles, bags, and any other items brought to camp.

6. Additional Tips

- Packing List: Create a checklist of items to bring each day to avoid forgetting essential items.
- Hydration: Bring a refillable water bottle with your name on it to stay hydrated throughout the day.
- Lost and Found: Check the lost and found regularly if you misplace any items.

By following these guidelines, we can ensure a safe, organized, and enjoyable experience for everyone at the camp. We look forward to a fantastic summer with you!

	MONDAY 7TH	TUESDAY 8TH	WEDNESDAY 9TH	THURSDAY 10TH	FRIDAY 11TH
10:30 - 11:40	BALLET	BALLET BARRÉ	BALLET	BALLET BARRÉ	BALLET
11:40 - 12:50	CORE & CONTROL	FLEXIBILITY & CONTORTION	CORE & CONTROL	FLEXIBILITY & CONTORTION	FLEXIBILITY & CONTORTION
12:50 - 1:05	SNACK BREAK				
1:05 - 1:45	ACRO	TRICKS	ACRO	TRICKS	APPLIED TRICKS & ACRO COMBO
1:45 - 2:45	CONTEMPO COMBO	JAZZ LEAPS	JAZZ TURNS	PERFORMANCE AND MOVEMENT QUALITY	WATER SLIDE
2:50	PICK UP				